

THE WELLNESS CENTER

REGISTRATION AND HEALTH INTAKE FORM

1

CLIENT INFORMATION

Date \_\_\_\_\_

Client \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Sex:  M  F Age \_\_\_\_\_ Birthdate \_\_\_\_\_

Single  Married  Partnered

Occupation \_\_\_\_\_

Employer \_\_\_\_\_

Spouse's Name \_\_\_\_\_

Occupation \_\_\_\_\_

Spouse's Employer \_\_\_\_\_

How did you find us? \_\_\_\_\_

IN CASE OF EMERGENCY, CONTACT

Name \_\_\_\_\_ Relationship \_\_\_\_\_

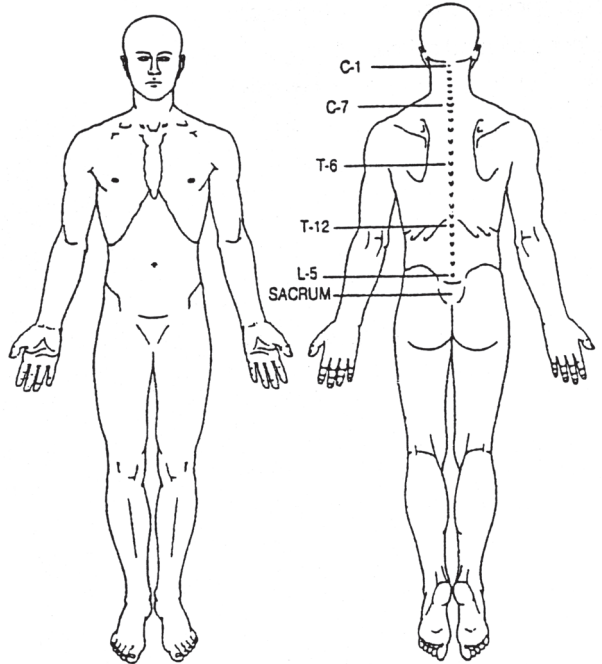
Home Phone \_\_\_\_\_

Work Phone \_\_\_\_\_

2

PAIN QUESTIONNAIRE

PLEASE INDICATE WITH AN (X - or CIRCLE), THE PLACES YOU ARE FEELING DISCOMFORT



3

CONTACT INFORMATION

Home Phone \_\_\_\_\_

Work Phone \_\_\_\_\_ Ext \_\_\_\_\_

Cell Phone \_\_\_\_\_

Best time and place to reach you \_\_\_\_\_

E-mail address \_\_\_\_\_

4

CURRENT CONDITION

DO YOU HAVE ANY OF THE FOLLOWING TODAY:

- sunburn
- inflammation
- severe pain
- headache
- open cuts, bruises, burns
- irritated skin rash
- poison ivy
- cold/flu

Are You:  Right Handed or  Left Handed

5

MESSAGE HISTORY

Have you ever received a professional massage?  Yes  No

Type of massage experienced:  Deep Tissue  Swedish  Other \_\_\_\_\_

Why did you come for our service?  Relaxation  Pain  Therapy  Other \_\_\_\_\_

What results would you like to achieve? \_\_\_\_\_

Please note any areas of your body that you prefer not to be massaged. \_\_\_\_\_

# 6

## HEALTH HISTORY

Please check  conditions or symptoms you currently have or have had in the past:

- |   |  |  |   |   |
|---|--|--|---|---|
| <input type="checkbox"/> Anemia               | <input type="checkbox"/> Cancer              | <input type="checkbox"/> Hernia              | <input type="checkbox"/> Pacemaker            | <input type="checkbox"/> Stroke           |
| <input type="checkbox"/> Anorexia             | <input type="checkbox"/> Chemical Dependency | <input type="checkbox"/> Herniated Disk      | <input type="checkbox"/> Parkinson's Disease  | <input type="checkbox"/> Tendonitis       |
| <input type="checkbox"/> Appendicitis         | <input type="checkbox"/> Diabetes            | <input type="checkbox"/> Herpes              | <input type="checkbox"/> Pinched Nerve        | <input type="checkbox"/> Thyroid Problems |
| <input type="checkbox"/> Arthritis            | <input type="checkbox"/> Emphysema           | <input type="checkbox"/> High Blood Pressure | <input type="checkbox"/> Pneumonia            | <input type="checkbox"/> Tuberculosis     |
| <input type="checkbox"/> Asthma               | <input type="checkbox"/> Epilepsy            | <input type="checkbox"/> Jaw Pain/TMJ        | <input type="checkbox"/> Polio                | <input type="checkbox"/> Tumors, Growths  |
| <input type="checkbox"/> Blood Clots          | <input type="checkbox"/> Fractures           | <input type="checkbox"/> Lymphedema          | <input type="checkbox"/> Prosthesis           | <input type="checkbox"/> Ulcers           |
| <input type="checkbox"/> Breathing Difficulty | <input type="checkbox"/> Glaucoma            | <input type="checkbox"/> Migraine Headaches  | <input type="checkbox"/> Psychiatric Care     | <input type="checkbox"/> Varicose Veins   |
| <input type="checkbox"/> Bursitis             | <input type="checkbox"/> Head Injuries       | <input type="checkbox"/> Mononucleosis       | <input type="checkbox"/> Rheumatoid Arthritis | <input type="checkbox"/> Whiplash         |
| <input type="checkbox"/> Bronchitis           | <input type="checkbox"/> Heart Disease       | <input type="checkbox"/> Multiple Sclerosis  | <input type="checkbox"/> Rheumatic Fever      | <input type="checkbox"/> Other _____      |
| <input type="checkbox"/> Bulimia              | <input type="checkbox"/> Hepatitis           | <input type="checkbox"/> Osteoporosis        | <input type="checkbox"/> Sinus Problems       | _____                                     |

### MEDICATIONS

Medication

Taking For

\_\_\_\_\_  
\_\_\_\_\_

### ALLERGIES

\_\_\_\_\_  
\_\_\_\_\_

### VITAMINS/HERBS/MINERALS

\_\_\_\_\_  
\_\_\_\_\_

### EXERCISE

- None     Daily  
 Moderate     Heavy

### WORK ACTIVITY

- Sitting     Light Labor  
 Standing     Heavy Labor

### LIFESTYLE

- Smoking    Packs/Day \_\_\_\_\_     Coffee/Caffeine    Cups/Day \_\_\_\_\_  
 Alcohol    Drinks/Week \_\_\_\_\_     High Stress Level    Reason \_\_\_\_\_

Are you pregnant?     Yes     No     Due Date \_\_\_\_\_

Letter of Prescription Attached     Yes     No     On file

Please list any medical conditions, surgeries accidents, and bone, joint or muscle diseases or injuries not specified above.

\_\_\_\_\_  
Date \_\_\_\_\_ Date \_\_\_\_\_

# 7

## FLOAT TANK INFORMATION AND RELEASE FORM

Do not float today if you have any of the following conditions:

- |  |   |   |
|--|---|---|
| <input type="checkbox"/> A cold or flu                       | <input type="checkbox"/> Incontinence, flatulence or hemorrhoids    | <input type="checkbox"/> Any infectious disease |
| <input type="checkbox"/> Menstrual period or yeast infection | <input type="checkbox"/> Open sores, cuts, rashes, or skin problems | <input type="checkbox"/> Sunburns or burns      |

Do you wear contact lenses? \_\_\_\_\_ If so, you should remove prior to floating.

Have you used a float tank previously? \_\_\_\_\_ If so, where? \_\_\_\_\_

What interests you in floating? \_\_\_\_\_

Where did you hear about the Wellness Center and/or Floating Therapy? \_\_\_\_\_

**WAIVER OF LIABILITY:** I understand that the floatation therapy offered here is for the purpose of stress reduction, relaxation, and self-enhancement. Although there are studies indicating that floatation therapy can reduce and/or relieve various physical and psychological symptoms, I realize that I should consult my doctor and/or therapist in these regards.

Furthermore, I release the Wellness Center, its owners, heirs, staff and affiliates from all responsibility and any legal recompense if I should become injured, experience physical or psychological distress of any kind that may incur a loss at the Wellness Center and/or prior to, during or after floating.

Signature \_\_\_\_\_

Date \_\_\_\_\_

# 8

## AUTHORIZATION

I certify that the above information is correct to the best of my knowledge. I will not hold my massage therapist or any members of his/her staff responsible for any errors or omissions that I may have made in the completion of this form.

I have disclosed all medical conditions that I am aware of and will inform my massage therapist of any changes in my health status.

I hereby request the aforementioned health care providers release to you a report of my diagnosis, treatment, prognosis and recommendations, and other information pertinent to your treatment of me.

I understand that massage therapy services are designed to be health aid and are in no way a substitute for a doctor's care.

Information exchanged during massage sessions is educational in nature and is to be used at my own discretion.

I am responsible for paying for any appointment cancellation of less than 24 hours.

Signature \_\_\_\_\_

Date \_\_\_\_\_

# 9

## NOTICE OF PRIVACY

Acknowledgement of Receipt of the Notice of Privacy Practices and the Health Care Freedom of Access Act, Chapter No. 460-House File 3839.

The Wellness Center seeks proof that clients/patients have received and/or reviewed the Notice of Privacy Practices and the Freedom of Access Act for non-licensed practitioners. My signature below indicates only that I have received a copy of the Wellness Center's Privacy Practices and the Freedom of Access Act, not that I have read it or agree with its contents.

Signature of patient \_\_\_\_\_

Date \_\_\_\_\_